## SOUNDTRACKS



## IDENTIFY SOUNDTRACKS YOU HAVE PLAYING IN DIFFERENT AREAS OF YOUR LIFE **WORK FAMILY SELF OTHER**

## SOUNDTRACKS



CURRENT SOUNDTRACK
1. IS IT TRUE? WHY OR WHY NOT?
2. IS IT HELPFUL? WHY OR WHY NOT?
3. IS IT KIND? WHY OR WHY NOT?
4. WHAT DO I WANT MY NEW SOUNDTRACK TO BE?