In what ways am I contributing to the lack of passion in my relationship?

What are some things I want to work on to create more passion in my relationship?

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Describe an experience when you were really turned on and felt passion in your marriage...

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Describe an experience when you were really turned off...

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How do I turn myself off?

How do I turn myself on?

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What are you my excuses for not creating space, connection, intimacy and passion with my spouse?

Excuses:

Solutions/Intentions:

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